

**IF YOU HAVE ANY QUESTIONS OR
QUERIES PLEASE CONTACT US AT:**

**DERBYSHIRE YOUNG CARERS
32A NEWBOLD ROAD
CHESTERFIELD
DERBY**

TELEPHONE: 01246 207752

'I like going to the Project as it gives me a rest from my house and all the chores I have to do to help my mum, who is ill. I have met lots of friends who are like me and have to help their mums and dads'. Paul—aged 9



**DERBYSHIRE
YOUNG
CARER'S
SERVICE
INFORMATION
LEAFLET**



ACTION FOR CHILDREN

Action for Children is committed to helping the most vulnerable children and young people in the UK break through injustice, deprivation and inequality, so they achieve their full potential.

Our caring professional staff understand the affect having a caring responsibility can have on children and young peoples lives. Our aim is to work with families and other agencies to give young carers the opportunities others take for granted.

YOUNG CARERS

Young Carers are children and young people under the age of 18 years who regularly care for someone within the family with a physical illness or disability, mental health issues or alcohol or drug dependency. Young Carers may have little time for themselves and are often unable to attend after school activities, go on school trips or socialise with friends.

YOUNG CARERS MAY EXPERIENCE

Loneliness/isolation/
Frustration/Anxiety
Limited Free Time
Struggle with school and
home work
Bullying



WHAT SUPPORT CAN BE OFFERED

After referral each family will received an assessment of need from a support worker at Derbyshire Young Carers.

This will be based on the 'Manual for Measures of Caring Activities and Outcomes for Children and Young People'.

The support will be in 3 Tiers depending on how much caring the young person is carrying out but can include the following:

- ◆ Family Support
- ◆ One to One Support for the young person
- ◆ Referrals to other Agencies
- ◆ Monthly Group Work
- ◆ Focussed Workshops

The Young Carers service will be on a time limited basis with some flexibility to meet individual need.

HOW DO I REFER A YOUNG PERSON TO THE SERVICE

If you would like to refer a young person to our service please contact us on **01246 207752**.